

[Updated] Anna Wintour Daily routine, Lifestyle, and Facts in 2023

written by Sharu | October 24, 2022

Taking professional surveys and knowing what you are really good at, asking for comments and opinions from your family and friends. Grading your strengths and weakness on a scale of one to ten to exactly know about your progress. Finding out what fascinates you and creating goals and purpose to create the life you dream, are all important aspects to life in order to achieve what you want. As an example, let's take a look at the daily routine and some inspiring quotes from Anna Wintour.

Who is Anna Wintour?

- Anna Wintour is a prominent editor-in-chief, Vogue Artistic director, Conde Nast Global Chief Content officer, Conde Nast global editorial director, vogue.
- She was born on November 3rd, 1949 in Hampstead, London, England. She completed her education from North London Collegiate School.
- She is also a board member of Metropolitan Museum of Art. Her notable credits include Editorial assistant, harpers and queen, harper's bazaar; fashion editor, viva etc.



• anna

Daily Routine

As you make plans, you are perfectly aligned with your top goals. By doing so, you will be able to prioritize your plans according to what you need to accomplish to actualize your deepest dreams. Let's take a look at the daily routine of Anna Wintour.

Mornings of Anna

- **She wakes up early.**
She is a morning person and wakes up between 4 am and 5 am.
- **She reads news-paper**
Her first task in the morning is to read newspaper, she reads The New York Times, The Wall Street Journal, The Guardian.
- **She surfs her social media**
She takes a look at Instagram and twitter
- **Exercise**
She plays tennis in the morning.
- **Office hours**
She arrives to office at 8.30 and starts her day, probably with meetings.

Afternoons

- **Meetings**

Throughout the day, she has a lot of meetings to attend.

- **Emails**

In spite of her busy schedule, she manages to respond to emails and keeps in touch with her vogue team to keep things moving forward.

Evenings of Anne

- **Sleep routine**

She goes to bed at 10.15 pm and makes sure that she gets 6 to 7 hours of sleep daily.



anna wintour daily routine

Learning from Anna Wintour

- Here's what you can learn from Anne Wintour.
- Lead with impact.
- Be inspired by failure.
- Live your life.
- Be decisive, trust your gut.
- Be strong, smart and powerful.
- Accept the challenges in life and work towards them.



anna wintour instagram

Anna Wintour's Quotes' to Inspire You Towards Success.

- It's very important to take risks. I think that research is very important, but in the end, you have to work from your instinct and feeling and take those risks and be fearless. When I hear a company is being run by a team, my heart sinks, because you need to have that leader with a vision and heart that can move things forward." Anna Wintour
- "We have to reflect the world that we live in. It is so important for designers not to run scared, and not to be too worried about what's safe and what's commercial." Anna Wintour
- "It's very important to me that I look good when I go out publicly. I like looking at my clothes rack in the morning and deciding what to pick out. I enjoy fashion." Anna Wintour